



The Corporate Wellness Equation: How Water Quality Factors into Employee Health Programs

Program #: ELK9105

Credits: AIA 1.0 LU/HSW, ASPE 1.0 CEU/PDH*

Learning Objectives:

1. Describe the health benefits of proper hydration and clean water access in workplace environments
2. Identify the risks associated with common water contaminants such as PFAS, lead, and microplastics
3. Recognize how workplace design and product placement influence hydration behavior and wellness outcomes
4. Understand how WELL, Fitwel, and other standards address drinking water access and quality
5. Evaluate water filtration technologies and their alignment with wellness, sustainability, and cost goals

HSW: Yes **PDH:** Yes*

Description: This course explores the growing role of water quality in workplace wellness initiatives. As employers seek to improve employee health and productivity, drinking water access -- and filtration -- has emerged as a powerful tool within wellness-focused design. Designers and architects will play a central role in shaping occupant hydration behavior. Participants will learn about the science of hydration, the risks posed by emerging water contaminants, and the latest design standards promoting safe, clean, and accessible water in commercial spaces.

* This course is approved for PDH credit but is subject to compliance with each states rules and guidelines.