ELKAY



Water Access as Wellness Touchpoints: Beyond Hydration in Human-Centered Design

Program #: ELK9106
Credits: AIA 1.0 LU/HSW, ASPE 1.0 CEU/PDH*

Learning Objectives:

1. Describe how water access can function as wellness touchpoints in human-centered design

2. Explain how hydration and water quality impact physical and cognitive health

3. Identify recent contaminant concerns (e.g., PFAS, microplastics) and how filtration addresses them

4. Evaluate how WELL, Fitwel, and other frameworks are incorporating hydration and equity goals

5. Apply design strategies to maximize the impact and usability of drinking water access points

HSW: Yes **PDH:** Yes*

Description: This course explores how access to clean, well-designed drinking water access points can support human health, behavior, and wellness in the built environment. Architects and designers are increasingly asked to go beyond code compliance – to shape spaces that promote hydration, trust in water quality, and equitable access. This course equips design professionals with the latest thinking on how water access points can serve as visible, functional wellness touchpoints across commercial, institutional, and public settings.

* This course is approved for PDH credit but is subject to compliance with each states rules and guidelines.

AIA Continuing Education Provider

ASPE CEU PROVIDER