



Healthy Hydration Design Elements in Hospitals

Program #: HC001 Credits: AIA 1.0 LU

Learning Objectives:

- Learn the direct impact hydration has on nurse mental acuity and performance.
- 2. Learn how lead-free water in hospitals supports hospital community health initiatives.
- 3. Learn how hospitals can meet sustainability goals by reducing usage of plastic bottles.
- 4. Know the options for incorporating healthy hydration. Installation, applications, and filtration

HSW: No

Description:

Healthy hydration is central to the health of patients and to hospitals. There are three hydration issues facing hospitals. First, nurses are not properly hydrated. This affects their mental acuity which can negatively affect job performance including patient safety. The course explores how to make water more accessible in ways that increase mental health and gives respite to nurses. Second, hospitals are embracing community health initiatives. This course looks at how supplying lead-free water at hospitals supports healthy communities. And, third hospitals are stepping up their commitment to green and sustainable operations. This course dives into how hospitals can reduce plastic usage through filtered water delivery units.

AIA Continuing Education Provider

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